

## Emergency Preparedness Assignment

Name: \_\_\_\_\_

Explore the following websites: <https://www.ready.gov/plan>

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html>

<https://www.cdc.gov/cpr/zombie/educate.htm>

**Consider the following situations. Would you know how to respond? Is there anything you can do now?**

Situation 1: A family of four (two parents, one child age 6, one child age 8 months) is at home playing with their two dogs when a medium-high impact earthquake (6.4) hits. The news reports that their neighborhood will need to evacuate for a few days as government officials verify everything is safe and there isn't a gas leak. They have 15 minutes to grab some items and evacuate their neighborhood.

*Challenge: What do you think this family should grab before evacuating? Should any of these items have already been packed in an Emergency Kit?*

Situation 2: A family of five (three kids age 22, 17, and 15) is very busy and are frequently driving back and forth from different sports, school, after-school activities and weekend adventures around the Bay Area. They have noticed that there are things they tend to need when out on the road that they frequently forget to pack.

*Challenge: What are things that could be in a kit in a car to be prepared for a wide range of needs from minor emergency (scraped knees) to major emergency (flat tire in the middle of nowhere)? What would make this kit different than other emergency kits?*

Situation 3: Consider a family of three (one parent, two kids age 14 and 19). While the father is driving home from work (45-minute commute), the 19-year-old is attending a college class, and the 14-year-old is at a friend's house, a severe earthquake (7.1) hits. It is dark outside, the power is off, and cell service is disrupted. The 14-year-old walks back to his house and discovers that the door frame has shifted and he is unable to open the front door. Unfortunately, his cell phone is locked inside the house.

*Challenge: How does the family reconnect? What can you do to prepare for a power outage and being without your cell phone?*

**Assignment: review your family/household emergency plan, or create one if you don't have one!**

- How will I receive emergency alerts and warnings?
- What is my evacuation route? (out of your home, your workplace, your neighborhood...)
- What is my family/household communication plan?
- Do I need to update my emergency preparedness kit?